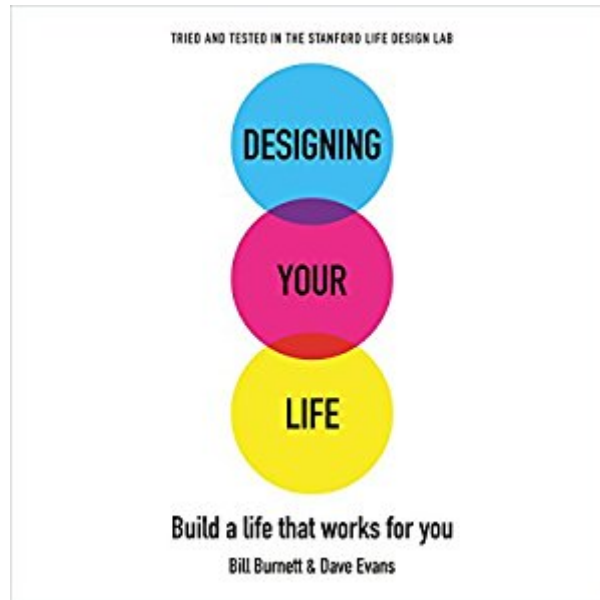


The book was found

# Designing Your Life



## Synopsis

Whether you're 20, 40, 60 or older, many of us are still looking for an answer to that perennial question: 'what do I want to be when I grow up?' In *Designing Your Life*, Silicon Valley design innovators Bill Burnett and Dave Evans use their expertise to help you work out what you want - and how to get it. Their phenomenally successful Life Design course has been tried and tested by thousands of people, from students to midcareer professionals to retirees contemplating whole new futures. Now in audiobook form, their simple method will teach you how to use basic design tools to create a life that will work for you. Using lots of real-life stories and proven techniques like reframing, prototyping and mind-mapping, you will learn how to build your way forwards, step by positive step, to a life that's better by a design of your own making. Because a well-designed life means a life well lived.

## Book Information

Audible Audio Edition

Listening Length: 6 hours 18 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Random House Audiobooks

Audible.com Release Date: September 15, 2016

Language: English

ASIN: B01KU7G6CI

Best Sellers Rank: #55 in Books > Medical Books > Psychology > Movements > Cognitive Behavioral Therapy #234 in Books > Audible Audiobooks > Business & Investing > Careers #565 in Books > Business & Money > Job Hunting & Careers > Job Hunting

## Customer Reviews

Excellent book. Practical, helpful and very easy to read. This was just what I wanted to assist me to plan new goals in my life and to refocus on my priorities. The practical exercises and materials are particularly helpful. Highly recommended.

I got this book for my 25yrs old daughter that was feeling stuck after her post graduate degree from an Ivy League University. She was in need of a jump start to the rest of her life! Very happy with the results

[Download to continue reading...](#)

Designing the World's Best Public Art (Designing the World's Best Series) Designing Your Life: How to Build a Well-Lived, Joyful Life Designing Your Life Life Coaching: Life Coaching Blueprint: Save a Life One Person at a Time (Bonus 30 Minute Life Coaching Session - How to Motivate, Inspire, Change Your Life) Life Coaching: Life Coaching Blueprint: Save A Life One Person At A Time (BONUS 30MINUTE Life Coaching Session- How To Motivate, Inspire, Change Your Life) Install Your Own Solar Panels: Designing and Installing a Photovoltaic System to Power Your Home Annuals, Perennials & Bulbs for Your Home: Designing, Planting & Maintaining Your Flower Garden (Gardening) Organize Your Life, How To Be Organized, Productive & Happier In Life, Declutter Your Home and Be Productive at Work. (How to plan your life, Get Organized Book 1) Downsizing Your Home and Loving It: 50 Simple Steps To Organize Your Home, Maximize Your Space And Live A Clutter Free Life (Downsizing Your Life, Decluttering ... How To Organize, Organizational Hacks) Elements of Style: Designing a Home & a Life The Build: Designing My Life of Choppers, Family, and Faith Junk Gypsy: Designing a Life at the Crossroads of Wonder & Wander A Garden for Life: The Natural Approach to Designing, Planting, and Maintaining a North Temperate Garden The Less Is More Garden: Big Ideas for Designing Your Small Yard The Fashion Sketchpad: 420 Figure Templates for Designing Looks and Building Your Portfolio Designing your Identity: Stationery Design You Majored in What?: Designing Your Path from College to Career Designing Your Gardens and Landscapes: 12 Simple Steps for Successful Planning Horsekeeping on a Small Acreage: Designing and Managing Your Equine Facilities The Complete DVD Book: Designing, Producing, and Marketing Your Independent Film on DVD

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)